

Are you concerned
about overdose?

GET NALOXONE TODAY!



Signs of an overdose include:

- The person is unconscious and you can't wake them up
- Breathing slowly or not at all
- Skin, lips, or nails turn blue or gray

What to do if someone is overdosing:

- Call 911 and tell them the person is not breathing
- Give one dose of naloxone. If they don't respond after 2 minutes, give a second dose
- If the person is not breathing, do rescue breathing (mouth-to-mouth)
- Lay the person on their side in the rescue position once they start breathing

If you or someone you know is at risk of overdose, please ask your doctor for a prescription (**AHCCCS covers the cost!**) or contact Sonoran Prevention Works to obtain a kit anywhere in the state of Arizona at spwaz.org or by calling 480-442-7086

